

Around the House

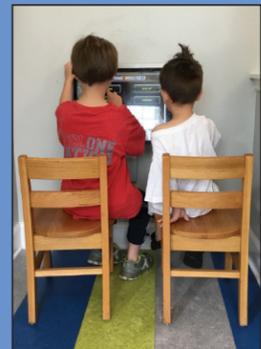
Celebrate 2018 With Us!



Sadie spent her days playing with and loving on guests.



We got a visit from the Beavers family who stayed with us in 2017.



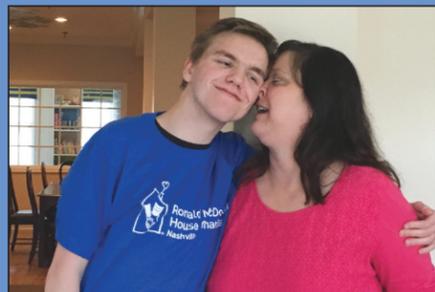
Nashville Predators Foundation gave a grant to install a fun new video game unit in the playroom!



Our families enjoyed an ice cream party thanks to the Easton Goad Foundation!



The Quinones Family stayed at the House for 83 days while Gretlain waited for & recovered from a heart transplant.



We love visiting with past guests, like the Davis's, who stayed with us in 2001 and again in 2017 (both times for heart transplants).



We had the most Hustle for the House participants ever!



Volunteer groups prepared hundreds of meals for our families.



Sergeant James showed Skylar, one of our guests who was being treated for a brain tumor, his police gear.



Many groups, like Dell Nashville, volunteered countless hours throughout the year.



Santa visited our families for a Christmas in July party thanks to WithLove Charity, Inc.



Thanks to groups like HCP donating wish list items, families in the House and Family Room had snacks and toiletries throughout the year!

The TRIPLE Sip

A WINE + CRAFT BEER + SPIRITS TASTING EVENT

FRIDAY, FEBRUARY 22, 2019 • 6:00 P.M. – 9:00 P.M.

SPONSOR
ED FRYER
VILLAGE SPIRITS AND WINE

NASHVILLE FARMERS' MARKET
900 ROSA L PARKS BOULEVARD, NASHVILLE

ORDER TICKETS ONLINE: WWW.RMHCNASHVILLE.COM/EVENT



Ronald McDonald House Charities®
Nashville

House Notes

FALL 2018

A Communicative Publication of Ronald McDonald House Charities of Nashville, Tennessee, Inc.

Landing at a "Home-Away-From-Home"

Whitney McGruder is a Southwest Airlines flight attendant who lives in Pasadena, TX and in August happened to end her shift in Nashville, where she would have an overnight layover. She never expected that flight would land her at the Ronald McDonald House in Nashville.

On August 24th, as she was getting ready to head back to the airport for her next shift, Whitney's water broke at just 26 weeks pregnant. Terrified and alone, she was rushed by ambulance to Centennial Hospital where she called her fiancé Tony and her mother, Greatichel who were able to get on the next flight to Nashville to be by her side.



"This charity has helped my family in time of need and for that I am forever grateful. I can't wait till the day I can give back. Ronald McDonald House will always be in my heart".
— Whitney McGruder

ad to stay close to her daughter, while Tony went back and forth to Texas during the week for work. With no car and only cabs for transportation, Whitney and her mom began a desperate search to find any affordable, short-term housing in Nashville. They were able to find 2 different extended-stay hotels but they would both cost over \$2,000 a month and with mounting medical bills, cab fees and a dwindling savings account, they knew they wouldn't be able to keep up. That is when their prayers were answered, and a room became available at the Nashville Ronald McDonald House. Whitney and her mom

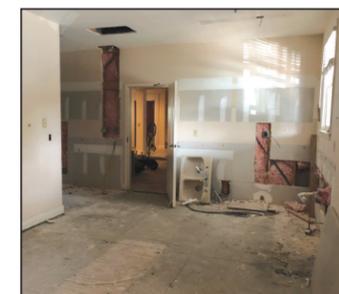


Luckily, the doctors were able to stop Whitney's labor and she remained in the hospital for 3 long weeks before giving birth to a beautiful, baby girl named Navi.

Born at just 29 weeks and weighing only 3 lbs. 4 oz., Navi would need to remain in the NICU for an extended amount of time as she continued to grow and develop. Whitney knew she

were very relieved to know that they finally found a place to call their "home-away-from-home" where all the essentials were provided, and they could finally focus

solely on Navi. We are very happy to report that in November, after a 46 night stay at the House, Whitney was able to take Navi home to Pasadena to continue to grow and thrive!♥



Let the Construction Begin!

The dining room and both kitchens (last updated in 1999) have been demolished and are currently being renovated! We are excited that meal groups and families will have access to brand new appliances and furnishings to use. The dining room is designed to be an inviting place for families to enjoy eating and connecting with other families who are going through similar situations. The grand opening of the renovated spaces is only months away and we need your help to stock the kitchen and pantry for the families who will be breaking it in!

Visit our Amazon.com or Target wish lists and make a purchase that will help us create a home-like and welcoming environment for families caring for a critically ill child. Also, remember that when you shop with AmazonSmile, a percentage of qualifying purchases go toward helping support House programs and services. Thank you!



In other exciting news, the 14-year old Ronald McDonald Family Room at Monroe Carell Jr. Children's Hospital at Vanderbilt has brand new flooring! Averaging over 2,100 visitors a month in this space, it's no wonder the floor was worn out!♥

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Nashville

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Ronald McDonald House Charities® of Nashville is one of 366 Houses and 248 Family Rooms worldwide. The House provides shelter, emotional support, understanding and a home-like environment to families during their time of need. Please help continue the caring!

OUR HEARTS REMEMBER

AUGUST 2018 • OCTOBER 2018

Throughout the years, families come to us in search of hope and support when their child faces a medical crisis. For many, miracles happen, but for some, the journey ends. We remember them all as they remain a part of our history and forever in our hearts.

Zaine Barton
Kristen Hamilton

Mikayla Yopp
Honeycutt

Ca'myri Moffitt
Grayson West

If you are interested in making a donation In Honor or In Memory of someone special, please visit our website: www.rmhcnashville.com and click the donate button near the top of the web page.

Why Your Donation Matters

Your gift to RMHC of Nashville allows us to keep families close by providing essential resources and a "home-away-from-home" for families of critically ill children receiving inpatient or outpatient medical care at Nashville area hospitals. Our annual budget is more than \$1,600,000 per year, and 100% of our program and operational funding is raised through the community from individuals, corporations, private foundations and organizations.

There are many ways you can help us help families in need, and we appreciate every donation! You can donate online to our various programs at rmhcnashville.com or by mail at Ronald McDonald House Charities Nashville, 2144 Fairfax Avenue, Nashville, TN 37212.

Because there are so many ways to invest in our programs, we've highlighted a few different ways to give to Ronald McDonald House Charities of Nashville, starting with these options:



Planned Giving

Make a Gift and Make a Difference! Here are several ways you can help us serve families of seriously and chronically ill children through planned gifts without sacrificing income or security for your own family:

- Donate gifts of stock
- Include us as a beneficiary of your retirement plan
- Name us in your will

We respect that some donors prefer anonymity and invite you to let us know about your plans on a confidential basis. Knowing your plans to help families of critically ill children helps us plan wisely for the future.



Vehicle Donation Program

Do you have an old car gathering dust in the garage or driveway and you're not sure how to get it off your hands without paying taxes on a sale or fees to have it removed? We can help!

Donations of used cars, trucks, boats or RVs help provide families with the comforts of home. Your donation of an item you really don't want helps keep families together when they're caring for a seriously ill child.

On average, each vehicle donated provides enough funding to pay for one week at the local Ronald McDonald House for a family of a seriously ill child. Vehicles are picked up for free and every donation is tax deductible. To make a donation or learn more, visit www.CarsHelp.org or call toll free at 855-CARS-HELP (227-7435).



ADOPT A ROOM

The new Adopt A Room Program gives families a place to stay when they need it most. Families are asked to donate \$15 per night to stay at the Ronald McDonald House. However, no family is ever turned away due to inability to pay. On average, 54% of the families cannot afford to donate \$15, resulting in more than \$180,000 in uncollected room revenue. Adopt one of our 29 standard bedrooms for a \$5,500 annual sponsorship or one of our 3 extended stay suites for a \$7,500 annual sponsorship. Adopt A Room Sponsors directly affect the lives of many families each year who will call this room "home" while their child is receiving medical treatment at a Nashville area hospital.

Please visit our website (www.rmhcnashville.com/adopt-a-room/) for more information about this program, including the ways we will recognize the difference you are making on each families' lives.

We are excited to announce we already have 6 sponsors for the Adopt A Room Program in 2019, including: HCP MOB, Johnson Family, Jordan Hackett Foundation, Josie Mazzo Children's Charities, In Memory of Mikayla Honeycutt, and Pinnacle Financial Partners! We appreciate your support!

For more information please visit www.rmhcnashville.com/adopt-a-room/ or contact Amy Southard, Director of Development, at 615-343-4000 or amy@rmhcnashville.com.

Collect Pull Tabs to Help Families in Need.



Pull Tabs can be collected and donated to the House year-round and, if you're competitive, you can participate in our Annual Pull Tab Collection Challenge! Each fall, schools, businesses and organizations from all over middle Tennessee, southern Kentucky and northern Alabama compete to collect the most pull tabs per person to be recycled



with proceeds underwriting the cost for families to stay at the House. This contest culminates with an exciting Drop Day Celebration at the Nashville Ronald McDonald House where groups pour their pull tabs into giant dumpsters to be taken to the recycling center! Thanks to everyone who participated in the 14th Annual Pull Tab Collection Challenge, collecting over 4,300 lbs of pull tabs! Collecting pull tabs is a fun way to involve groups in a no-cost philanthropy project that adds up to a large donation for our families. So, each time you open a can, please pull for RMHC of Nashville! Visit our website for details and start collecting today. ♡



Meet our Newest Staff Member, Chelsea!

We are excited to announce that Chelsea Edwards has joined RMHC of Nashville as the new House Operations Coordinator! Born and raised in Los Angeles, Chelsea moved to Nashville to attend graduate school at Vanderbilt University for a Masters in Education with a focus on Community Development and Action. Chelsea likes to cook, listen to podcasts, practice yoga, and spend time outdoors! She is excited for this new chapter and is enjoying meeting the families we serve, as well as all the wonderful volunteers. ♡



The 2018 Southern Living Christmas Cookbook is Here!

Cooking and entertaining are a little more meaningful when you are helping to keep families together! Purchase the Dillard's 2018 Southern Living® Christmas Cookbook for just \$10 at your local Dillard's store. This cookbook makes a great gift and all proceeds benefit local RMHC Chapters in Dillard's markets! ♡

Our Holiday Wish List Can You Help Make Our Wishes Come True?

Imagine being far from home during the holidays and facing the critical illness of your child. That's the reality facing the families who call our House their home each night this holiday season. We ask you to help us make the holidays a little bit brighter for families by donating items on our holiday wish list. ♡

GIFTS FOR OUR FAMILIES

Photo Albums
Journals

Jewelry
(preteens / teens)

Lotion Gift Sets

Perfume Gift Sets

Gift Cards
(fast-food restaurants, Target, Wal-Mart, Dollar General, iTunes, Amazon)

Infant Socks / Booties

Rattles

Baby Toys

Baby Dolls
(all cultures, no stuffed animals)

Toys
(ages 1-5)

Art & Craft Sets
(no coloring books or crayons)

Diapers
(sizes NB and 1)

Premie Clothing
Infant Clothing

Socks

Gloves

Winter Hats

Scarves

Car Seats
(4-30 lbs)

SUPPLIES FOR THE HOUSE

Standard Size Pillows & Pillow Protectors
(with zippers)

Flat Screen TVs with built in DVD Players
(20 inch)

Trash Bags
(all sizes)

K-Cups
(assorted flavors)

Dish Cloths

Dish Towels

Pot Holders

Rubber Mats for inside the Bath Tub

Gift Cards
(Lowe's, Home Depot, Walmart, Target and Amazon)

Gift Cards for Sadie
Pet Supermarket and Amazon

NOTE: ALL GIFT ITEMS ARE TO BE NEW ITEMS ONLY.
Thank You!