



**Ronald McDonald
House Charities®
Nashville**

Thank you so much for your support! Providing a meal allows our families to not only focus on their loved ones in the hospital, but it also allows them to worry about one less thing.

Requirements

- All meals must be made & prepared specifically for families staying at the Nashville Ronald McDonald House. **NO LEFTOVERS please!**
- We encourage all individuals preparing food wear to masks & practice healthy food safety to protect our families.
- A **Homecookin' Submission Form** must be completed and will be sent with a meal reminder.

Scheduling Requirements

- Email **Chelsea** at chelsea@rmhcnashville.com, OR fill out a **'Prepare a Meal' Submission Form** on our website to sign up for a meal.
- Meal availability may be limited. Please schedule two to three months in advance to solidify desired date.
- If a group must cancel, we kindly ask for a 48-hour notice. A reminder email is sent out a week prior to scheduled meal date. If an emergency occurs, please email Chelsea at chelsea@rmhcnashville.com or call the House directly at (615) 343-4000 to notify us of your cancellation.
- In the event your group must cancel, a donation to our Taste of Home of any amount to cover the cost of a meal is appreciated.

Meal Information

- We offer breakfast, lunch, and dinner Monday thru Sunday based on availability. For meal suggestions, take a look at our **Pinterest page!**
- Meal quantity varies as House occupancy fluctuates. An email reminder will be sent a week prior to scheduled meal date with most accurate headcount.
- No dietary restrictions. However, if nuts, citrus, or meat is used in a dish, please label and make not of it.





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Meal Time Drop Off

Meal	Drop Off Time	Quantity (*varies)
Breakfast	any time between 8:00am - 9:00am	15 to 20 people*
Lunch	any time between 10:30am - 12:30pm	15 to 20 people*
Dinner	any time between 4:30pm - 6:30pm	35 to 40 people*

Day of Information

- At this time, we only allow a maximum of **FOUR of the same individuals** to come into the House to set up their meal for a 30 minute time frame. All volunteers must be **at least 12 years of age**.
- If a group is setting up in the House, **we do not require masks at this time**. However, we do reserve the right to ask volunteers to put on a mask due to health & safety of families in the House.
- All volunteers must remain in the Cooking Kitchen for meal set up.
- **Location:** 2144 Fairfax Ave. Nashville, TN 37212
- Parking lot is located behind the House. The main entrance is on the porch with the handicap ramp. Please ring the doorbell and someone will assist you.

We'd love to hear about your experience!

- Tag us on social media - [@rmhcnashville](#)
- Share any photos or experience to our Development & Communications Director, **Rachel**, at rachel@rmhcnashville.com

Questions?

Please contact **Chelsea Edwards** at chelsea@rmhcnashville.com

