

Thank you so much for your support! Providing a meal allows our families to not only focus on their loved ones in the hospital, but it also allows them to worry about one less thing.

Requirements

- All meals must be made & prepared specifically for families staying at the Nashville Ronald McDonald House. NO LEFTOVERS please!
- We encourage all individuals preparing food wear to masks & practice healthy food safety to protect our families.
- A Homecookin' Submission Form must be completed and will be sent with a meal reminder.

Scheduling Requirements

- Email Chelsea at chelsea@rmhcnashville.com, OR fill out a <u>'Prepare a Meal' Submission Form</u> on our website to sign up for a meal.
- Meal availability may be limited. Please schedule two to three months in advance to solidify desired date.
- If a group must cancel, we kindly ask for a 48-hour notice. A reminder email is sent out a week prior to scheduled meal date. If an emergency occurs, please email Chelsea at chelsea@rmhcnashville.com or call the House directly at (615) 343-4000 to notify us of your cancellation.
- In the event your group must cancel, a donation to our Taste of Home of any amount to cover the cost of a meal is appreciated.

Meal Information

- We offer breakfast, lunch, and dinner Monday thru Sunday based on availability. For meal suggestions, take a look at our <u>Pinterest page</u>!
- Meal quantity varies as House occupancy fluctuates. An email reminder will be sent a week prior to scheduled meal date with most accurate headcount.
- No dietary restrictions. However, if nuts, citrus, or meat is used in a dish, please label and make not of it.



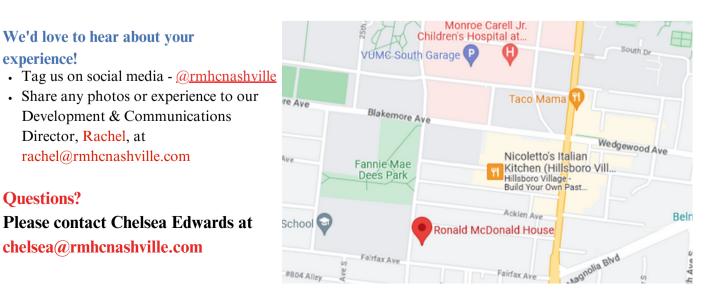


Meal Time Drop Off

Meal	Drop Off Time	Quantity (*varies)
Breakfast	any time between 8:00am - 9:00am	15 to 20 people*
Lunch	any time between 10:30am - 12:30pm	15 to 20 people*
Dinner	any time between 4:30pm - 6:30pm	35 to 40 people*

Day of Information

- At this time, we only allow a maximum of FOUR of the same individuals to come into the House to set up their meal for a 30 minute time frame. All volunteers must be at least 12 years of age.
- If a group is setting up in the House, we do not require masks at this time. However, we do reserve the right to ask volunteers to put on a mask due to health & safety of families in the House.
- All volunteers must remain in the Cooking Kitchen for meal set up.
- Location: 2144 Fairfax Ave. Nashville, TN 37212
- Parking lot is located behind the House. The main entrance is on the porch with the handicap ramp. Please ring the doorbell and someone will assist you.



Questions?