



**Ronald McDonald
House Charities®**
Nashville

Thank you so much for your support! Providing a meal allows our families to focus on their loved ones in the hospital and have one less thing to worry about during a critical time.

Volunteer Requirements

- All volunteers must be **at least 12 years of age**.
- All volunteers must be in good health at the time of their meal.
- All volunteers must bring their government issued photo ID (18 years +).
- A **maximum of TEN volunteers** are able to participate at this time.
- Only **five designated volunteers** are allowed access to the House for any meal prep or set up due to the size of our kitchen.
- Gloves and aprons will be provided. Hair should be pulled back during meal prep.
- A [Meal Program Waiver](#) will be sent out with a meal reminder a week prior to the scheduled date.

Scheduling Requirements

- Email **Chelsea** at chelsea@rmhcnashville.com, OR fill out a ['Prepare a Meal' Submission Form](#) on our website to sign up for a meal.
- Meal availability may be limited. Please schedule two to three months in advance to solidify desired date.
- If a group must cancel, we kindly ask for a 48-hour notice. A reminder email is sent out a week prior to scheduled meal date. If an emergency occurs, please email **Chelsea** at chelsea@rmhcnashville.com or call the **House** directly at **(615) 343-4000** to notify us of your cancellation.
- In the event your group must cancel, a donation to our Taste of Home of any amount to cover the cost of a meal is appreciated.

Meal Information

- We offer lunch and dinner Monday thru Sunday based on availability. For meal suggestions, take a look at our [Pinterest page!](#)
- All food must be prepared **ON SITE**, in addition to food from a catered service or home-cooked specifically for your scheduled meal. **NO LEFTOVERS please!**
- Meal quantity varies as House occupancy fluctuates. An email reminder will be sent a week prior to scheduled meal date with most accurate headcount.
- No dietary restrictions. However, if nuts, citrus, meat, or dairy is used in a dish, please label and make note of it.





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Meal Times & Quantity Information

Days Available	Meal	Time Commitment	Meal Ready By	Quantity (*varies)
Monday - Sunday	Lunch	10:30am - 12:30pm	12pm	25 to 30 people*
Monday - Sunday	Dinner	4:30pm - 6pm	6pm	45 to 50 people*

Meal Service/Day of Information

- A cart loaded with grilling tools, utensils, and other necessary grilling/meal prep tools will be provided at the start of your meal. A trashcan will also be provided.
- Volunteers are able to access the kitchen in the House if they need any additional equipment.
- Only **five designated volunteers** are allowed access to the House for any meal prep or set up due to the size of our kitchen.
- Please practice healthy food safety and handling.
- Volunteers are required to thoroughly clean the grill area, bring any used tools/utensils into the House to be washed, and empty the trash in the dumpster before leaving.
- **Location: 2144 Fairfax Ave. Nashville, TN 37212**
- Parking lot is located behind the House. The main entrance is on the porch with the handicap ramp. Please ring the doorbell and someone will assist you.

We'd love to hear about your experience!

- Tag us on social media - [@rmhcnashville](https://www.instagram.com/rmhcnashville)
- Share any photos or experience to our House Manager - Family Services, **Chelsea**, at chelsea@rmhcnashville.com

Questions?

Please contact **Chelsea Edwards** at chelsea@rmhcnashville.com

