



Ronald McDonald House Charities®
Nashville

Thank you so much for your support! Providing a meal allows our families to focus on their loved ones in the hospital and have one less thing to worry about during a critical time.

Requirements

- All meals must be a one-pot slow cooker recipe where all the ingredients are to be prepared in a slow cooker/Crockpot at the House.
- No additional cooking or cooking instruments should be needed.
- All ingredients must be purchased specifically for the use of the meal. NO LEFTOVERS please!
- A [Meal Program Waiver](#) will be sent out with a meal reminder a week prior to the scheduled date.

Scheduling Requirements

- Email [Chelsea](#) at chelsea@rmhcnashville.com, OR fill out a ['Prepare a Meal' Submission Form](#) on our website to sign up for a meal.
- Meal availability may be limited. Please schedule *two to three months* in advance to solidify desired date.
- If a group must cancel, we kindly ask for a 48-hour notice. A reminder email is sent out a week prior to scheduled meal date. If an emergency occurs, please email [Chelsea](#) at chelsea@rmhcnashville.com or call the [House](#) directly at [\(615\) 343-4000](tel:(615)343-4000) to notify us of your cancellation.
- In the event your group must cancel, a donation to our Taste of Home of any amount to cover the cost of a meal is appreciated.

Meal Information

- We offer breakfast, lunch, and dinner Monday thru Sunday based on availability. For meal suggestions, take a look at our [Pinterest page!](#)
- Meal quantity varies as House occupancy fluctuates. An email reminder will be sent a week prior to scheduled meal date with most accurate headcount.
- No dietary restrictions. However, if nuts, citrus, meat, or dairy is used in a dish, please label and make note of it.
- Groups are required to purchase their own ingredients and drop them off the day prior to their scheduled mealtime.
- House Staff members take care of "dumping" your meal for families to enjoy!





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Meal Time Drop Off

Meal	Drop Off Time	Quantity (*varies)
Breakfast	the day prior to your scheduled meal	25 to 30 people*
Lunch	the day prior to your scheduled meal	25 to 30 people*
Dinner	the day prior to your scheduled meal	45 to 50 people*

Drop Off Information

- **Location:** 2144 Fairfax Ave. Nashville, TN 37212
- Parking lot is located behind the House. The main entrance is on the porch with the handicap ramp. Please ring the doorbell and someone will assist you.

We'd love to hear about your experience!

- Tag us on social media - [@rmhcnashville](https://twitter.com/rmhcnashville)
- Share any photos or experience to our House Manager - Family Services, **Chelsea**, at chelsea@rmhcnashville.com



Questions?

Please or contact **Chelsea Edwards** at

chelsea@rmhcnashville.com